

# ROCKS VS. MULCH-WHICH IS BETTER IN FLOWER BEDS AND AROUND TREES?

## PROS AND CONS OF ORGANIC MULCH

#### **PROS**

- Better Growth: Mulch reduces weed competition, moderates soil temperatures, prevents soil drying and enables faster plant growth and establishment
- Less Water: Mulch reduces water evaporation, so you spend less time and money watering!
- More Nutrients and organic matter: As mulch breaks down, it adds nutrients and organic matter that plants need to thrive.
- Fewer Weeds: Mulch stops sunlight from reaching the soil so that less weed seeds will germinate.
- Just the Right Temperature: Mulch keeps plants warm in the winter and cool in the summer.
- Reduce Compaction and Erosion: Mulch reduces soil erosion by up to 85 percent. Plus, people are less likely to walk on mulch, so there's less soil compaction.

#### CONS

- Annual Replacement: Depending on your mulch type, you'll have to replace it every one to four years. So, it's a recurring cost and time expense.
- Too Much of a Good Thing: Adding a layer of mulch more than 2-3 inches can result in plant stress due to reduction in oxygen or water infiltration for plant roots.
- Too Early = Late Blooms: Mulching too early may slow how quickly the ground warms, which means you could see blooms a bit later than normal.
- Too Late = Weeds: Mulch stops weeds from germinating. If you mulch too late, it may not stop them as much.
- Weed Seeds: Some organic mulches, like pine bark and hay, may contain weed seeds.

### PROS AND CONS OF ROCKS IN THE GARDEN

#### **PROS**

- Low Maintenance: You almost never need to replace them.
- Lower Cost: Because they're longer lasting, it is generally less expensive over the long term to mulch with rocks.
- Fire-Proof: If you live in an area with wildfires, rocks could be better since they're nonflammable.
- **Wind-Resistant:** Heavy rocks are great at preventing soil erosion in windy areas.
- Perfect for Rock and Cacti Gardens: Rocks are just right for these garden spaces!

#### CONS

- Too Hot: Rocks raise the soil temperature, leading to <u>stressed</u>, <u>thirsty</u> <u>plants</u>.
- No Benefit to Plants: Rocks don't aid plant growth or soil health.
- Return of the Weeds: Wind will eventually blow soil between rocks, creating a spot for weeds to grow.
- No Good for Pruning: Rocks can prohibit or make rejuvenation pruning more difficult.
- Remove by Hand: If you want to remove stones, you must do it manually, which can be tedious!

VERDICT: ORGANIC MULCH IS OVERALL BETTER THAN STONE. BUT STONE IS BETTER THAN NO MULCH AT ALL!